

## Re-looking at PTSD

It isn't a mental illness, like we thought, according to Dr. A Macfarlane, it's a systemic illness.

Parts of the brain can contain inflammatory hormones that cause damage to brain matter thus the brain stem's (ANS) social engagement, flight/fight, and shutdown modes are contaminated. Recall of trauma events causes hormones to flow and the brain can not repair it self fast enough. Those with Trauma Memory it's difficult to realize the real problem.

Technology can help repair brain damage. There is image proof of technology repairing the brain.

We have to advocate for those first responders that are constantly burdened by events of trauma. If not, we are responsible. Let's stand up and support treatments that are scientifically helping.

Call 318-286-4290 for a life saving treatment, First Responders First. We can't live without them, they deserve the best care. Dr. Dudley Chewning, MFT, ICP, former combat pilot. We can not afford not to treat trauma events because it gets worse at each event. Management, families, children and the first responder have suffered too long.

If you call you have the answers to the following:

What can occur that takes away 20 years of your life?

Why psychotherapy is detrimental to trauma recovery.

Why PTSD is not a mental illness.

What can a first responder do that prevents PTSD from forming in those they treat? Why do addition recoveries fail?

Why is it hard to seek treatment and why first responders can not understand what's causing the reactions.

How do we care for the families that are contaminated by the first responders recurring occupation of trauma?

Why does management need to be involved?

Why do responders have additional health issues that we now know are related to trauma?

Why CISD can cause more problems for first responders?  
Thanks for supporting their care!